

## **Table of Contents**

Preface

Introduction

### **1**

A Recalcitrant Secrétaire

The Perfect Restoration

Dissolving the Small World in the Picture

Seeing the Picture as a Whole

The Attractive Force of Matter

Acquiring a Taste for It

The Afterimage of the Secrétaire

### **2**

Afterimages

Circular Figures with Double Membrane

Wanting to Know

The Inner Pressure and the Flow of Energy

Developing the Emotional Body

Dancing out of Mind

### **3**

*Mouches Volantes*

The Emmental Cooking Pot

The Layers of Consciousness

Listening to the Rushing Sound

The Shining of the Basic Structure

**4**

**The Right Side of Consciousness**

The Bridge with the Double Arch

Iris the Seer

**4**

**The Left Side of Consciousness**

On the Bridge

The Navel