

Contents

Acknowledgments.....	7
Foreword by <i>Harald Wydra</i>	13
Foreword by <i>Gergana Yankova-Dimova</i>	19
1 Central and Eastern Europe after the 1989 Revolution: Diverging Identities in a Reunifying Era.....	27
2 Are the Social Sciences Indeed ‘Sciences’? Towards a Middle-Ground Methodological Perspective	51
3 Shades of Affinity: An Interactive Constructivist Theory of Self and Other in Bordering Belongingness.....	67
4 The Interactive Constructivist Theory of Self & Other and IR Debates: Refinement, Dialogue and Challenge	97
5 A European Trailblazer: The Thick Europeanisation of Polish Foreign Policy	135
6 Neither In, Nor Out: The Ambivalent Europeanisation of Bulgarian Foreign Policy	213
7 Europe’s Outlier: The Thin Europeanisation of Russian Foreign Policy.....	283
8 Three Limits of Europe: Poland, Bulgaria and Russia in Comparative Perspective.....	355
Epilogue: Europe Beyond the 30-year Limit	399
List of Abbreviations	411
Bibliography	415