

Contents

Awakening to Russian Aggression	
The Invasion of Ukraine Must Stir the Global Community to Action in Support of a Besieged Nation and the Human Rights at Stake in the Fight.....	9
Ukrainian Refugees: The Decision to Go into the Unknown	
The Exodus of Ukrainians Is the Biggest Refugee Crisis Europe Has Faced since the Second World War	13
“We Shouldn’t Become a Battlefield Due to Your Silence!”	
Testimonies from Two Different Women Named Yuliia – One in Kyiv and One in Vienna.....	17
“Mom, When Are We Going Home?”	
The Russian War Displaced More than Half of Ukraine’s Children. Here’s a Story of One.....	21
A Story from a Russian Filtration Camp	
“My Boyfriend and I Both Tried to Flee Mariupol,” says Kateryna, “I Managed, and He Did Not”	27
A Journey beyond the Carpathians	
Southwestern Part of the Country Offers Some Sort of Normalcy despite the War.....	31
Ukrainians Return Home, but Fear Remains	
The Number of People Returning to Ukraine Is Far Greater than Those Leaving Now.....	35
“LGBT Ukrainians Can Defend Themselves”	
A Story of a Bisexual Sniper in the Ukrainian Army	41
Surviving the Russo-Ukraine war with Disability	
An Activist Shares Her First-Hand Account.....	45

Ukraine’s Digital Front Works 24/7	
Digital Volunteers Debunk False Russian Narratives about the Russian war.....	51
“War or No War, We Have to Teach”	
Ukrainian Educators Seek New Ways to Keep Their Students Learning.....	55
What It’s Like to Volunteer in Ukraine Now	
Civil Society and the People During Times of War	61
On Crimeans in Ukraine	
Displaced People from Crimea Have Twice Been Victims of Russian Occupation	65
Every Evil Has a Face	
A Story behind Documenting Russian Crimes in Ukraine	71
Russia Is a Terrorist State	
It’s Monday Morning, and Ukraine Is on Fire. Russia Launched 84+ Missiles and Drones against Ukraine.....	77
Ukraine’s Zaporizhzhia: A City under Constant Attacks	
This Southern Center Is Only 30 miles Away from the Russian Army	81
Survivors Speak after Russia’s Occupation of Kherson	
People Have Been Tortured and Killed by Russians during the Kherson Occupation	85
What’s Human about War?	
A Question One Can Ask Every Day	89
How Russia Stole Ukraine’s Christmas	
With Constant Bombing and Little Electricity, Upcoming Holidays Are Not So Cheery for Ukraine	99

“But I Go On”	
In Ukraine, the People Fight to Repel an Invader, Resisting Not Only the Physical Devastation but the Emotional Paralysis that Threatens a Population under Siege.....	103
“Brave to Rebuild” in Ukraine	
Young Ukrainians Volunteer to Restore What Russian Troops Have Destroyed	107
A Family Struggles to Reunite under Russian Occupation	
Six Siblings Spent Four Months Detained in Occupied Ukraine, Separated from Their Parents	113
Losing Your Home to Russia, Twice	
A Story of Ukrainians Who Passed Russian Filtration to Flee Occupation	121
Surviving a Russian Missile Strike	
The Harrowing Narrative of How a Ukrainian Surgeon Rescued His Wife after a Deadly Missile Strike on Their Home	127
Her Child Was Deported to Russia	
How a Ukrainian Servicewoman Returned Her Daughter	131
Fighting for Her Fiancé’s Legacy in Ukraine	
Grief Made Her Follow Her Late Fiancé into the Ukrainian Army, but Seeking Vengeance on the Front Lines Isn't Bringing Her Peace.....	137
“Proud Ukrainian with Nigerian Roots”	
Alice Zhuravel Is Combatting Misinformation by Elevating the Narratives of Diverse Ukrainians.....	145

Reporting from Bakhmut

The Independent Journalists behind Free Radio Continue
to Report from inside Occupied Ukraine 151

Death by Water

The Nova Kakhovka Dam Explosion May Become the
Biggest Environmental Catastrophe in
Europe in Decades..... 157

Dismantling Russian Imperialism One Step at a Time

Ukrainians Are Coming to Terms with the Legacy of
Colonization 163

“We Carry On, but It Doesn’t Mean We’re Not in Pain”

A Ukrainian Psychologist Speaks on Resilience and
Trauma amid Russian War..... 171

The Struggle of the Black Sea amid Russian War

The Environmentalists Are Assessing the Damage Done
to the Sea after Kakhovka Dam Explosion..... 179

“I Never Wanted to Join the Army, but Then,
Russia Invaded Us.”

A Senior Combat Medic Talks of Her Life and Work on
the Frontline in Ukraine..... 185